

# J. A. Tarbell Library

136 Forest Rd Lyndeborough, NH

THIRD MONDAY

May 15, 2017

7PM

## *Local Edibles*

with Nicole Colvin-Griffin

Nicole will bring us on a short walk around the library property and ID some “edible weeds” (we will not eat anything growing near the roads or parking lot) In addition to learning how to identify the edibles, she will bring samples from her foraging so we can make and taste our own tea blend, herbal vinegar etc from **Local Edibles**.

**Please RSVP!**

So we have enough to sample. [jatlprograms@gmail.com](mailto:jatlprograms@gmail.com) 654-6790

Nicole Colvin-Griffin has a Certificate of Permaculture Design, and is passionate about local plants! She has been making herbal medicines for over 20 years for her family and friends. She studied Plant Spirit Medicine with Eliot Cowan, and learned how to cultivate relationship with the plants who have so much to offer us! She is currently an Environmental Educator and Program Coordinator at PMEC in Amherst, NH.



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603-654-6790

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Monday 12 to 5 & 6 to 8 ; Wednesday 10 to 6;  
Thursday 1 to 6 ; Saturday 10 to 12  
Closed Sunday, Tuesday, Friday